

# Houlka Attendance Center

Lunch Grades: K - 8

Aug 28, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 7	Sep - 8	Sep - 9	Sep - 10	Sep - 11
Honey BBQ Ckn Chunks Tuna Salad / Tomato Whole Kernel Corn Assorted Fruits Yeast Roll Saltine Crackers Chocolate Milk Fat Free Milk	Sep - 1 Steak Fingers Tuna Salad on Croissant Bun Baby Carrots w/ Dressing Assorted Fruits Yeast Roll Chocolate Milk Fat Free Milk Ketchup	Sep - 2 Chicken Spaghetti Tuna Salad on Croissant Bun Green Beans Assorted Fruits Texas Toast Chocolate Milk Fat Free Milk	Sep - 3 Mandarin Chicken Stir Fried Rice Tuna Salad / Tomato Broccoli Florets w/ Dip Assorted Fruit Juices Whole Wheat Roll Saltine Crackers Chocolate Milk Fat Free Milk	Sep - 4 
Sep - 14	Sep - 15	Sep - 16	Sep - 17	Sep - 18
Honey BBQ Ckn Chunks Tuna Salad / Tomato Whole Kernel Corn Assorted Fruits Yeast Roll Saltine Crackers Chocolate Milk Fat Free Milk	Sep - 15 Cheesy Brdstcks (2) with Marinara Sauce Tuna Salad on Croissant Bun Broccoli Florets w/ Dip Assorted Fruits Chocolate Milk Fat Free Milk Marinara Sauce	Sep - 16 Spaghetti & Meat Sauce Tuna Salad on Croissant Bun Conetti Coleslaw Assorted Fruits Texas Toast Chocolate Milk Fat Free Milk	Sep - 17 Chicken Paty Sandwich Tuna Salad on Croissant Bun Sweet Potato Waffle Frie Assorted Fruit Juices Chocolate Milk Fat Free Milk Ketchup Mustard Mayonnaise	Sep - 18 

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 21 Cheese Pizza Chicken Salad / Tomato Saltine Crackers Tater Tots Assorted Fruits Chocolate Milk Fat Free Milk Ketchup	Sep - 22 BBQ Pulled Pork Burger Chicken Salad on Croissant Bun Baked Beans Broccoli Florets w/ Dip Assorted Fruits Chocolate Milk Fat Free Milk Barbecue Sauce	Sep - 23 Chicken Fajitas Chicken Salad on Croissant Bun Green Beans Assorted Fruits Chocolate Milk Fat Free Milk Taco Sauce Salsa	Sep - 24 Cheeseburger Chicken Salad on Croissant Bun Baby Carrots w/ Dressing Crinkle Cut Fries Assorted Fruits Chocolate Milk Fat Free Milk Ketchup Mustard	Sep - 25
Sep - 28 Chicken Patty Sandwich Tuna Salad / Tomato Saltine Crackers Tater Tots Assorted Fruits Chocolate Milk Fat Free Milk Ketchup Mustard Mayonnaise	Sep - 29 BBQ Nachos Tuna Salad on Croissant Bun Baby Carrots w/ Dressing Assorted Fruits Yeast Roll Chocolate Milk Fat Free Milk Ketchup	Sep - 30 Chicken Spaghetti Tuna Salad on Croissant Bun Green Beans Assorted Fruits Texas Toast Chocolate Milk Fat Free Milk		

\*\*\* MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. \*\*\*

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