

Houlka Attendance Center

K-12 Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2	Nov - 3	Nov - 4	Nov - 5	Nov - 6	
Pop Tarts Assorted Breakfast Bread String Cheese Assorted Fruits Assorted Fruit Juices Assorted Milk	Sausage & Pancake on a Stick Assorted Fruits Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Nov - 6	
Nov - 9	Nov - 10	Nov - 11	Nov - 12	Nov - 13	
Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Sausage and Biscuit Assorted Fruits Yogurt Choice Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Nov - 13	
Nov - 16	Nov - 17	Nov - 18	Nov - 19	Nov - 20	
Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Mini Confetti Pancakes In a Bag Assorted Breakfast Bread Assorted Fruits Yogurt Choice Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Pop Tarts Assorted Breakfast Bread Assorted Fruits Assorted Fruit Juices Assorted Milk	Nov - 20	
Nov - 23	Nov - 24	Nov - 25	Nov - 26	Nov - 27	
Pop Tarts Assorted Breakfast Bread String Cheese Assorted Fruits Assorted Fruit Juices Assorted Milk	Nov - 24	Nov - 25	Nov - 26	Nov - 27	

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.