

Houlka Attendance Center

K-12 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 BBQ Pork Sandwich Chicken Salad Baked Beans Raw Veggies with Dip Assorted Fruits Assorted Vegetable Juice Assorted Milk Saltine Crackers Barbecue Sauce Ranch Dressing	Nov - 3 Cheesy Burger Bake Chicken Salad Green Beans Assorted Fruits Cornbread Assorted Vegetable Juice Assorted Milk Saltine Crackers	Nov - 4 Chicken with Alfredo Sauce Chicken Salad Whole Kernel Corn Assorted Fruits Texas Toast Assorted Vegetable Juice Assorted Milk Saltine Crackers	Nov - 5 Cheeseburger Chicken Salad Straight Fries Assorted Fruits Assorted Puddings Assorted Vegetable Juice Assorted Milk Mayo, Mustard, Ketchup Ketchup Saltine Crackers	Nov - 6
Nov - 9 Stuffed Crust Pizza Tuna Salad with Crackers Sweet Potato Waffle Frie Raw Veggies with Dip Assorted Fruits Assorted Vegetable Juice Assorted Milk Marinara Sauce Ranch Dressing Saltine Crackers	Nov - 10 Chicken Patty Sandwich Tuna Salad with Crackers Tater Tots Assorted Fruits Chocolate Chip Cookie Assorted Vegetable Juice Assorted Milk Saltine Crackers Mayo, Mustard, Ketchup Ketchup	Nov - 11 Chili Cheese over Chips Tuna Salad with Crackers Whole Kernel Corn Assorted Fruits Assorted Vegetable Juice Assorted Milk Marinara Sauce Ranch Dressing Saltine Crackers	Nov - 12 Chicken Tenders Tuna Salad with Crackers Mashed Potatoes Assorted Fruits Yeast Roll Assorted Vegetable Juice Assorted Milk Variety of Dipping Sauce Saltine Crackers	Nov - 13
Nov - 16 Manager's Choice	Nov - 17 Manager's Choice	Nov - 18 Manager's Choice	Nov - 19 Manager's Choice	Nov - 20
Nov - 23 Nov - 30 Hamburger w/ Trimmings Chicken Salad Straight Fries Assorted Fruits Assorted Vegetable Juice Assorted Milk Mayo, Mustard, Ketchup Ketchup Saltine Crackers Turkey & Cheese on Bun Raw Veggies with Dip	Nov - 24 Manager's Choice	Nov - 25 Manager's Choice	Nov - 26 Manager's Choice	Nov - 27

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.